# services that can assist

***Counselling***

1. [Sexual assault referral centres (SARC)](https://nt.gov.au/wellbeing/hospitals-health-services/sexual-assault-referral-centres) provides counselling, information and support.

* Darwin: (08) 8922 6472
* Katherine: (08) 8973 8524
* Tennant Creek: (08) 8962 4361
* Alice Springs - (08) 8955 4500 (Monday to Friday: 8.00am to 4.21pm)
* Alice Springs - 0401 114 181 (after hours)
* website: <https://nt.gov.au/wellbeing/hospitals-health-services/sexual-assault-referral-centres>

1. Ruby Gaea provides counselling and support to women and children.

* (08) 8945 0155
* Website: <https://www.rubygaea.net.au/>

1. National Sexual Assault Domestic Violence Counselling Service (1800RESPECT) provides a counselling, information and referral service.

* 1800RESPECT (1800 737 7328)
* website: <https://www.1800respect.org.au/help-and-support/telephone-and-online-counselling>

***Information and resources***

1. [FACES](https://territoryfamilies.nt.gov.au/children-and-families/territory-faces) is a telephone hotline that offers information about and referrals to support services throughout the NT. This service can be accessed by anyone in the community from parents and carers to professionals, who are seeking advice on resources and services that can help, support and empower families and children.

* free call number: 1800 999 900 between 8am-8pm
* website: <https://territoryfamilies.nt.gov.au/children-and-families/territory-faces>

1. National Association for Prevention of Child Abuse and Neglect (NAPCAN) support and encourage changes in individual and community behaviour to stop child abuse and neglect before it starts

* (08) 8942 2254
* website: <https://www.napcan.org.au/>

***Reporting***

1. Child Abuse and Neglect Report Line

* in an emergency, call 000 and ask for the police
* in all other instances, call police on 131 444 or contact your local police station
* website: <https://nt.gov.au/law/crime/report-child-abuse>