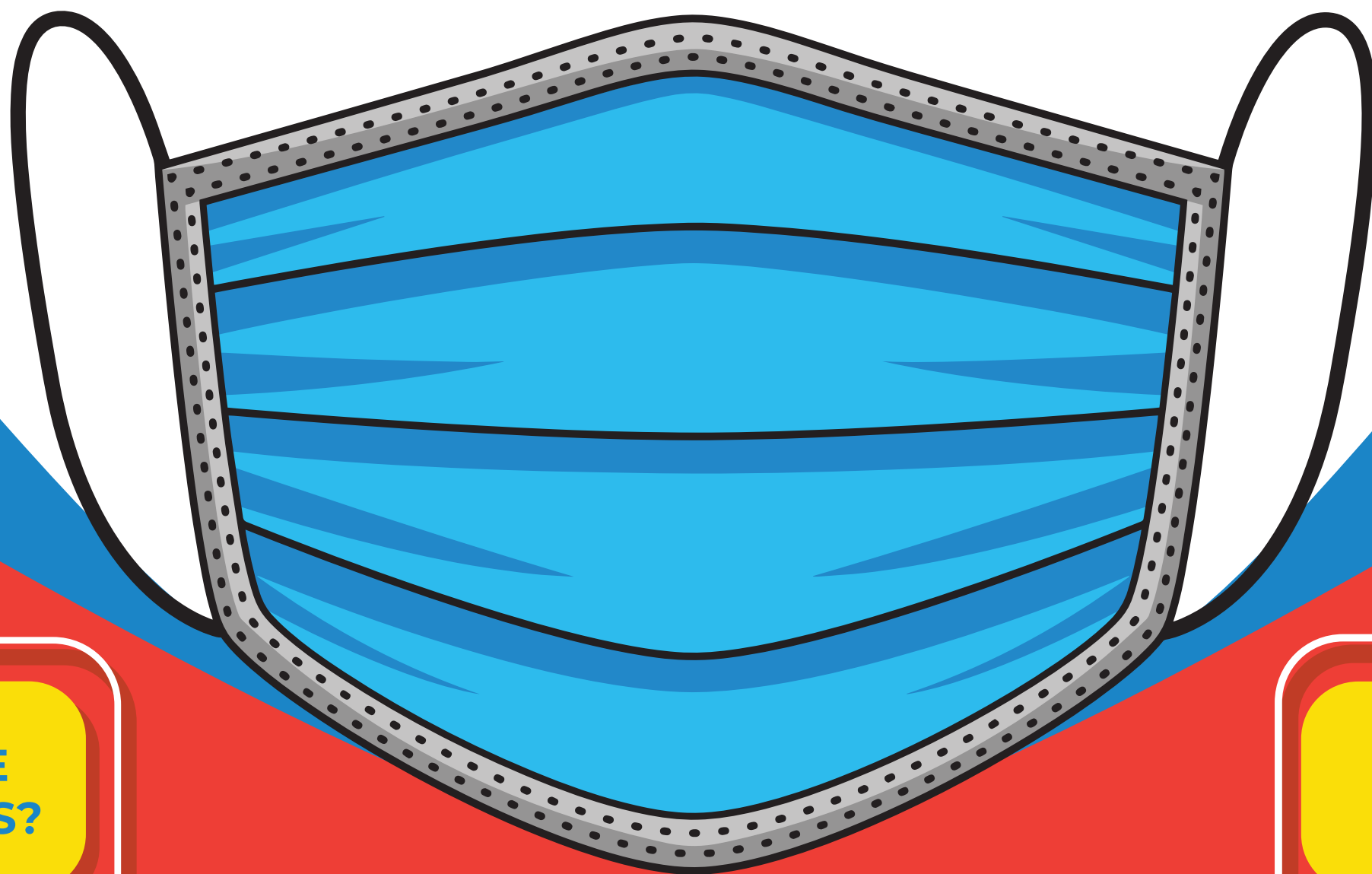


WHY IT'S IMPORTANT TO WEAR A

MASK



WHY DO WE WEAR MASKS?

Masks are a way to help stop the spread of the coronavirus.

When you're at school, it may not be possible to socially distance from your friends, classmates and teachers.

Wearing a mask can limit the volume and travel distance of germs when talking, breathing, and coughing.

HOW DO MASKS HELP?

COVID-19 can spread when people breathe, talk, cough, or sneeze. Wearing a mask keeps the virus from reaching others.

It also can stop the virus from reaching you. An added bonus is that masks stop people from touching their mouths and faces – contaminated hands are another way for the virus to spread.

IS THERE A 'RIGHT WAY' TO WEAR A MASK

Yes! Place the mask securely over the mouth and nose and stretch it from ear to ear. It should fit snugly along the sides of the face without any gaps. It can be held on with ear loops or ties. Remember to wash hands before and after wearing it and avoid touching it once it's on.

When back home, avoid touching the front of the face mask by taking it off from behind.

Wash and completely dry cloth face masks after each wearing.

WHO NEEDS TO WEAR A MASK?

All educators must wear a mask, unless conducting face to face teaching.

Students from Year 7 to Year 12 to wear masks when mandate in place.

All other students highly recommended.

TOP TIPS!

Exaggerate body language and facial expressions when talking .

Use your voice and speak loudly and clearly.

Rephrase instead of repeat.

*"Got mask questions?
Your teacher can help!"*