

School Nutrition and Healthy Eating Policy and Guidelines

Ideas for Fundraising

Schools should take the time to consider all of the fundraising activities undertaken during the year and take steps to ensure they align with the policy. This means that any food related fundraising (including cake stalls, barbecues and chocolate drives) must align with the categories in the NT School Nutrition and Healthy Eating policy and guidelines. Food related fundraising can be replaced with healthier substitutes such as fruit drives and healthy barbecues. Non-food fundraising such as movie nights, sticker drives or car boot sales, may also be considered as profitable alternatives.

Special whole school events do not have to align with the policy e.g. school fair, international celebration or disco.

Commercial Healthy Fundraising Ideas

Jump Rope for Heart

Support the Heart Foundation and make money for your school by selling quality skipping ropes. For further information, please ring the Jump Rope for Heart Coordinator on 1300 362 787.

<http://www.heartfoundation.org.au/sites/jumpropeforheart/pages/default.aspx/>

School Fun Run

The Fun Run offers a flexible program that can be adapted to suit any school event (cross country, athletics day, swimming carnival etc) throughout the school year anywhere in Australia.

<http://www.schoolfundraising.com.au/>

The Crazy Camel

This website also has commercial fundraising schemes such as calendars, cards, diaries and teaching resources.

<http://www.crazycamel.com.au/>

Other Healthy Fundraising Alternatives

Pedometer challenge

A pedometer challenge can be undertaken with students seeking sponsorship from the community. This website has further information and offers cheap pedometers and log books.

<http://www.10000steps.org.au/>

The Green Up Clean Up

Students seek sponsorship from the local community, friends and family members to take part. They then learn about practical ways that empower them to make positive impacts on their local environment.

Walk, ride, skate and swim-a-thons

Students seek sponsorship per kilometre travelled. A course is set up with manned drink stations. Perhaps finish the event with a healthy barbecue, asking local fruit markets and bakeries to provide food and/or sponsorship in exchange for signage along the way.

Physical activity fundraisers:

- Dance: bush, disco
- Scavenger hunt
- Car wash
- Games night
- Sports competition
- Raffle gardening or home cleaning prize
- Raffle sports multi-pass
- Indoor rock climbing event
- Lawn bowls event
- Ten-pin bowling event
- Swimming pool event
- Golf event

Other ideas include:

- Gardening (bulbs, plants, gloves) see Garden Express www.gardenexpress.com.au
- Manure, mulch, straw and wood
- Home wares (tea towels, aprons, bricks/ pavers, labels, stickers)
- Gifts (perfume, soap, candles, artwork, craft, jewellery)
- Toys (bubble wands, wrist bands, glow sticks, tattoos)
- Clothing (socks, swim wear, hats)
- Toiletries (toothbrushes)
- Books (cookbooks, magazines, calendars, CD's, DVD's, Entertainment books)
- Drink bottles (with school logos)
- Family portraits
- Digital photos/DVD's from school events
- Trash and treasure sale
- Car boot sale
- Trivia nights
- Progressive dinners
- School concert or performance
- Soap making